









<p>Nature's Sunshine</p>	<p>Keep Cool Red-Vented Anger:</p>	<p>helps work for cooperation, promotes forgiveness of past hurts, tolerance for difference, loving communication</p>
<p>Calendula</p>		<p><u>Calendula</u> <i>Calendula officinalis</i> Positive qualities: Healing warmth and receptivity, especially in the use of the spoken word and in dialogue with others Patterns of imbalance: Argumentative, lack of receptivity in communication with others; verbal abuse Product Category: FES Quintessentials</p>
<p>Snapdragon</p>		<p><u>Snapdragon</u> <i>Antirrhinum majus</i> Positive qualities: Lively, dynamic energy; healthy libido; verbal communication which is emotionally balanced Patterns of imbalance: Verbal aggression and hostility; repressed or misdirected libido; mouth and jaw tension, misplaced snapping, biting or eating behaviors. Product Category: FES Quintessentials</p>
<p>Impatiens</p>		<p><u>Impatiens</u> <i>Impatiens glandulifera</i> Positive qualities: Ability to flow harmoniously with time and daily rhythms, patient embrace of life events and the pace of others Patterns of imbalance: Impatience, irritation, hypertension, intolerance; pain due to tension and resistance in the body Product Category: Healingherbs</p>
<p>Vine</p>		<p><u>Vine</u> <i>Vitis vinifera</i> Positive qualities: Selfless service, recognition of the individuality of others; inner authority derived from connection to higher spiritual identity Patterns of imbalance: Domineering, tyrannical, forcing one's will on others; need to subjugate others in order to gain ego strength. Product Category: Healingherbs</p>

<p>Willow</p>		<p><u>Willow</u> <i>Salix alba ssp. vitellina</i> Positive qualities: Acceptance, forgiveness, taking responsibility for one's life situation, adaptable to changing fortunes and circumstances Patterns of imbalance: Feeling resentful, inflexible or rigid emotional memories which turn to bitterness; tendency to blame others or see oneself as the victim Product Category: Healingherbs</p>
<p>Holly</p>		<p><u>Holly</u> <i>Ilex aquifolium</i> Positive qualities: Loving and inclusive gestures to others; heartfelt compassion; ability to express gratitude to others Patterns of imbalance: Social isolation; jealousy, envy, suspicion, anger. Product Category: Healingherbs</p>
<p>Tiger Lily</p>		<p><u>Tiger Lily</u> <i>Lilium humboldtii</i> Positive qualities: Positive social interaction; collaboration derived from dynamic balance of feminine and masculine soul forces Patterns of imbalance: Overly aggressive "yang" forces, excessive competition rather than cooperation. Product Category: FES Quintessentials</p>
		<ul style="list-style-type: none"> • Helpful for people who feel irritated, impatient and easily lose their temper. • • Helps a person be more receptive to other people's points of view and work for cooperation rather than competition. • • Promotes forgiveness, tolerance and acceptance of others, and open and loving communication.