

LYMPHATIC SYSTEM:

The lymphatic vessels run side by side with the circulatory vessels and have little side channels joining the two. Consequently the lymphatics are part of the circulation. These vessels sometimes get blocked and lymphatic swellings in the legs can occur. This is different to the fluid swellings when there are kidney problems. Usually, if the swelling is down in the mornings after sleeping, it is not the kidneys but are the blocked lymphatic channels. (that may not always be the case of course).

The lymphatic system consists of organs, lymph nodes, lymph ducts, and lymph vessels that produce and transport lymph from tissues to the bloodstream through the little side ducts. It is a major part of the body's immune system.

LYMPHATIC VESSELS: Lymphomax, Megachel.

SPLEEN: E-Tea (essiac), Dandelion, Astragalus, St Mary's Thistle.

THYMUS GLAND: E-Tea (essiac), Megachel (contains thymus extract).

TONSILS: Burdock, IGS-11