

Orange Creamsicle Adrenal Mocktail



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Save this recipe for the vibes of an '80s mall orange drink with the benefits of Nature's Sunshine Lymphatic Drainage Drops and Collagen powder.

Fresh orange juice is best, but you can also use store-bought. Look for juices without added sugar. Use full-fat coconut

milk or coconut cream for the creamiest texture. If you like a spicier drink, add more fresh ginger.

Serves 1

INGREDIENTS

- 1 Nature's Sunshine Lymphatic Drainage Drops
- 1 scoop Nature's Sunshine Collagen Powder
- 1 cup orange juice
- 1 cup ice
- 2 Tbsp. coconut milk
- 1-2 inch piece of fresh ginger, sliced
- 1/16 tsp. sea salt (the smallest pinch)
- orange wedges, garnish

INSTRUCTIONS

1. Add the Lymphatic Drainage Drops, Collagen Powder, orange juice, ice, coconut milk, ginger, and sea salt to a blender. Blend until combined.
2. Pour into a large glass and garnish with orange slices.

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