

RESPIRATORY SYSTEM:

KEY PRODUCT: ALJ as an all rounder to assist in many types of respiratory problems. It also comes as a liquid for easier absorption and assimilation ALJ Liquid.

LUNGS: ALJ, ALJ Liquid,

UPPER RESPIRATORY: CC-A and Rosehips For colds and allergy symptoms of the hayfever type.

INFLUENZA: CC-A, IGS-11, FV,

MUCOUS: Marshmallow and fenugreek is a marvellous product for thinning the mucous and thus allow for easier breathing and less coughing. Marshmallow by itself may also be very helpful and may be better for the children. Mullein may be helpful but it is for adults only. Breathe Activator Complex is a Chinese formula designed to assist with mucous as well.