

URINARY SYSTEM:

The urinary system is so important due to the cleansing of the blood that is essential to good health. There are a lot of problems with retention of water in the tissues due to faulty kidneys but also faulty circulation/lymphatics, so the need to ascertain what is at fault is important.

If it is the kidneys, usually the flesh will "pit" inwards for a while when pressed with the fingers. Many times the swelling has not gone down after the night's sleep.

When it is the circulation at fault the swelling usually goes down somewhat by the morning and then swells up again during the day. Heat will also make the problem worse as heat swells the fluid sitting in the tissues. Make sure first, play it safe.

BLADDER AND KIDNEYS:

Cleanse and heal all parts including the urethra and ureters: JP-X.

Weak Sphinctre/bed wetting: Cranberry/Buchu Concentrate, White Oak Bark, Cornsilk.

Infections such as UTI: IGS-11, Echinacea, Cranberry/Buchu Concentrate, Cornsilk, JP-X, Epilobium.

Tone the organs: K, JP-X, Horsetail.

Fluid Retention: Parsley, Cornsilk, JP-X, K, Cranberry/Buchu Concentrate, Dandelion.

Bladder Infection: Cranberry/Buchu Concentrate.

Neutralise acidity: JP-X.

Inflammations: Cornsilk, IGS-11, Echinacea, JP-X, Marshmallow.

Odour from infection: Cranberry/Buchu Concentrate.

Prevent Stones: (not cure) K.

Gravel: Hydrangea.

Mucous Membranes: Cornsilk