

# Free Health Naturally Classes for 2025



Time-6:30- 7:30 on Thursdays Call today to reserve your seat.

January	16	NEW: Wellness Library Intro/ & Solex A0 Scan	<b>989-684-9701</b>
February	20	Discover Your Bach Flower Remedy -take the assessment Pick up at the store or online at <a href="https://holistichealth4unme.abmp.com/">https://holistichealth4unme.abmp.com/</a>	
March	20	The Importance of Lymphatic System	
April	17	Benefits of Juicing, Spring cleanses	
May	15	Introduction to Kinesiology (Muscle Testing)	
June	19	How to use the Emotion Code to balance emotions	
July	17	Basics of RBTI Test of pH (saliva & urine) with Evie Noel	
August	21	Benefits of Bowen Therapy with Mary Anne Malek	
September	18	Importance of Amino Acids, Minerals and Vitamins	
October	16	Discover Your Birth Minerals with the Cell Salts	
November	20	Discover Your Dominant Personality from Dr. Braverman	
December	18	Make & Take Holiday gifts using Essential Oils	

